

Trundle 6 – Hopton to Larling.

Directions		Miles	
Depart Hopton crossroads			
	Thelnetham	1.0	
TL Mill Lane			SP Blo Norton, Thelnetham Windmill
	Windmill	1.5	
	Ford	1.6	
	church	2.0	
TR into “The street”		2.1	SP Lopham 2 Diss 7 ½
TL into Clay Hall Lane	a quiet lane	3.0	
TR at t-junction		3.8	
TR opposite Rose Cottage		4.3	
Cross A1066 caution		4.7	SP Garboldisham, Ling
TL BEFORE concrete hard standing		5.1	NO SP
TR onto B1111		5.7	
TR		5.9	SP Kenninghall Banham Zoo
IGNORE UNSIGNED	LT		
TL		7.5	SP East Harling
TR onto B1111	Garboldisham Road	9	SP East Harling
In East Harling			Note 20MPH speed limit !
STRAIGHT PAST			St Georges Distillery
Cross railway		10.5	Caution
Continue into Larling		10.8	
TR BEFORE A11 bridge			SP London 94 Thetford 7
IMMEDIATE TR		11.25	SP Angel Inn B&B
Homeward Bound			
TJ TL		0.4	SP Norwich 21
TL onto B1111		0.5	SP Garboldisham
Cross Railway		1.0	Caution
STRAGIHT PARST			St Goeges Disstillry
Ignore TR Bridgham		1.9	
	East Harling	2.0	
TR		2.2	SP Middle Harling
TJ		3.7	SP Harling
Immediate TR 5 Way junction	Roman Road		Cycle Route 30 Note: ensure correct direction here – do not take B1111
Cross A1066 - Caution		6.1	SP Gasthorpe
Stay on main road			Gasthorpe
TL at cross roads		7.1	SP Hopton 1 ¼
Arrive Hopton Crossroads		8.7	END