

West Suffolk Trundle

Planned rides for veteran and newer bicycles

Ride number 8

We have 4 suggested routes starting at Cherrygate House, Hopton IP22 2NU (circled on photo) with lunch at the Dun Cow, Bardwell.

The first couple of miles of each route are along National Cycle Route 30

Orange Route: Rushford - Sapiston Triangles. About 12 miles.

Green Route: Wattisfield - Walsham Wander. About 12 miles. **Note: Crosses A143 twice.**

Yellow Route: Barningham- Bowbeck Blister: About 8 miles.

Blue Route: Coney Weston Cut: About 7 miles.

As you can see from the map, there are some slightly shorter alternative routes. Whatever route you take, please ride carefully.

If you want to send photos from the day for publication on our website, please email to

info@westsuffolktrundle.org.uk or by post to Ted Ashton, 6 College Lane, Bury St. Edmunds, Suffolk, IP33 1NN

Many thanks for coming along.

Ted & David

Mobile 07889 427087

<http://www.westsuffolktrundle.org.uk>

<http://www.v-cc.org.uk>

